

## Bites can be dangerous!

- ✚ Animal bites can be dangerous!
- ✚ Avoid petting even apparently "tame" animals.
- ✚ Mosquitoes, flies, ticks and fleas are carriers of many diseases.
- ✚ Use a suitable insect repellent ideally containing DEET on exposed areas of skin.
- ✚ Avoid using scented soaps, creams or perfumes as these can attract mosquitoes and insects.
- ✚ Wear long trousers and long sleeved shirts to help prevent insect bites.
- ✚ Use impregnated mosquito nets in an endemic area.